

MARKET AT A GLANCE

Thursday, 19 March 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	46225.15	-1.63
Shanghai	4028.54	-0.85
Sensex	76704.13	0.83
MSCI Asia Pacific	246.082	1.87

Currencies

Currencies	Rate	% Chg
USDINR	93.046	-0.06
EURUSD	1.1482	0.28
USDJPY	159.62	-0.15
Dollar Index	100.071	-0.01

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4867.20	-0.59
Silver (\$/oz)	76.37	-1.25
NYMEX Crude Oil (\$/bbl)	98.41	2.17
NYMEX NG (\$/mmbtu)	3.237	5.61
COMEX Copper (\$/Lbs)	5.4805	-1.32
LME NICKEL (\$/T)	17151	-2.20
LME LEAD (\$/T)	1910.5	-0.13
LME ZINC (\$/T)	3130	-0.08
LME ALUMINIUM (\$/T)	3400	-0.57

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	152997	-0.07
Silver mini	251399	-0.91
Crude oil	9132	1.49
Natural Gas	302.2	6.67
Copper	1129.32	-2.05
Nickel	1574.61	0.06
Lead	186.87	-0.36
Zinc	312.88	-0.36
Aluminium	343.34	0.01

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Choppy trading expected but broad outlook remain positive. Stiff support is placed at \$4600.	↔
Silver LBMA Spot	Rangebound trading is on the cards. Further selloffs expected only below \$70.	↔
Crude Oil NYMEX	Choppy trading expected initially. Stiff support is placed at \$88.	↔
MCX	Technical Commentary	Outlook
Gold KG Apr	Intraday sentiments likely to be positive as long as prices stay above Rs 160000.	↔
Silver KG Mar	Likely for choppy trading initially. Stiff support is placed at Rs 2250000.	↔
Crude Oil Mar	Upticks likely to extend the day. Anyhow, stiff support is placed at Rs 8500.	↔
Natural Gas Mar	Choppy with recovery rallies expected. Break below Rs 280 may see corrective selloffs.	↔
Copper Mar	Intraday bias mostly choppy with mild negative as long as prices stay below Rs 1220.	↔
Nickel Mar	Support is placed at Rs 1450, which if cleared would extend weakness.	↔
ZincM Mar	While prices stay below Rs 318 likely to extend weak momentum for the day.	↔
LeadM Mar	Expect choppy trading but major support is placed at Rs 185.	↔
Alumini Mar	Broad outlook remains on the positive side. Break below Rs 322 likely to trigger liquidation.	↔

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD APR6	151025	149025	146500	153550	155550	158075	160075
	GOLDM MAY6	151137	149165	146656	153646	155618	158127	160099
	GOLDGUINEA MAR6	123758	122330	120360	125728	127156	129126	130554
	SILVER MAY6	242366	236537	230272	248631	254460	260725	266554
	SILVERM APR6	254699	249088	242989	260798	266409	272508	278119
	SILVERMIC APR6	254963	249364	243204	261123	266722	272882	278481
BASE METALS	COPPER MAR6	1159.1	1145.6	1128.9	1175.8	1189.3	1206.0	1219.5
	LEAD MAR6	189.3	188.8	190.1	188.0	188.4	187.1	187.6
	ZINC MAR6	313.0	310.1	306.2	316.9	319.7	323.6	326.5
	ALUMINIUM MAR6	342.2	338.3	335.9	344.6	348.5	350.9	354.8
ENERGY	NATURALGAS MAR6	273.9	264.5	257.6	280.8	290.2	297.1	306.5
	CRUDEOIL MAR6	8591	8184	7867	8908	9315	9632	10039
INDICES	MCX BULLDEX	37478	37438	37382	37534	37574	37630	37670

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD MAR26	4987.7	4979.2	4964.3	5002.6	5011.1	5026.0	5034.5
	SILVR 5000 MAR26	74.02	72.94	71.08	75.88	76.95	78.81	79.89
	LIGHT CRUDE APR6	94.34	88.85	85.75	97.44	102.93	106.03	111.52
	NAT GAS APR26	3.01	2.82	2.73	3.11	3.30	3.40	3.59
	HG COPPER MAR26	5.34	5.24	5.05	5.54	5.64	5.83	5.93
LME	ZINC	2827	2843	2767	2903	2887	2963	2947
	LEAD	2023	1993	1973	2043	2073	2093	2123
	ALUMINIUM	2575	2575	2536	2614	2614	2653	2653

BULLISH  BEARISH  MLD BULLISH  MILD BEARISH  +RANGE BOUND  - RANGE BOUND 

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